

Carlisle Area High School Softball

Team Expectations

Our behavior and conduct effects not only ourselves, but our teammates and the team as a whole. We will strive to conduct ourselves in a way that will never reflect negatively upon the Carlisle Softball Program, the coaching staff, the Carlisle Athletics Department, or the Carlisle Area School District.

- I. I agree to follow all Carlisle Area School District policies and rules throughout the season. These include, but are not limited to: Attendance and tardiness guidelines; grades and academic standards; smoking; use of alcohol or illegal drugs; any type of illegal behavior; etc. **Failure to follow these will result in school imposed consequences as well as any consequences related to the team as decided on by the coaching staff and/or Athletic Director.**
- II. I will conduct myself respectfully at all times. Any disrespectful behavior towards officials, opponents, coaches, fans, etc. is inappropriate and does not promote our program. Disrespectful behavior includes, but is not limited to: cursing, failure to follow directions, deliberately slacking off, vandalism to property, academic ineligibility, etc. If inappropriate behavior occurs, the coach may choose to remove the athlete from the team. Each athlete reflects upon the Team, the coaches, the school, and the community of Carlisle.
- III. A successful team is a cohesive team. To that, I will not speak about my teammates in a negative way. Being a leader isn't about telling people what to do; being a leader is about building up those around you. I agree to use positive and encouraging talk and body language at all times with my team.
- IV. I will attend and be on time for all Carlisle Softball events. If I will be late or unable to attend, I will notify the coach ahead of time with a phone call, email or written note. I will put forth my best effort at all softball events. I will not use my cell phone during practices or games until the event is over.
- V. I know my health and well being impacts the team. I will report any injuries immediately to the coach and be seen by a trainer. I will still attend practices and other team events when injured, unless directed otherwise by a coach or trainer.
- VI. In an effort to promote team unity, I will travel to and from away games with the team. If it is absolutely necessary to travel with my parents, I will have written permission signed by a parent/guardian and a school administrator at least 24 hours in advance.
- VII. I understand the coaches are doing the best they can for the Carlisle Softball Program and our team. I will abide by their decisions related to playing time, lineups,

etc, even if I do not agree with them. I will schedule an appropriate time to discuss any concerns with the coaching staff. **Any meeting with parents will include the player as well.**

- VIII. I understand that playing time is earned. The coaching staff will play individuals based on attendance, attitude, work ethic, ability, team chemistry, personal motivation and dedication. Playing time may not be equal for all players.

Failure to follow any of these expectations, or any other behavior that embarrasses the program, may result in consequences related to the team as decided on by the coaching staff and/or Athletic Director. This could include, but is not limited to, loss of playing time, suspension or removal from the team.